



# Are you ready to talk about your ADHD challenges?

ADHD Symptom Checklist and Doctor Discussion Guide

ADHD=attention deficit hyperactivity disorder.

Actor portrayals.

## What is AZSTARYS?

AZSTARYS is a central nervous system (CNS) stimulant prescription medicine for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in people 6 years of age and older. AZSTARYS may help increase attention and decrease impulsiveness and hyperactivity in people 6 years of age and older with ADHD.

**It is not known if AZSTARYS is safe and effective in children younger than 6 years of age.**

## IMPORTANT SAFETY INFORMATION

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- AZSTARYS may lead to physical dependence after prolonged use, even if taken as directed by your HCP.
- Do not give AZSTARYS to anyone else because it may cause death or harm them. Keep AZSTARYS in a safe place to protect it from theft and properly dispose of any unused medicine.

Please see additional Important Safety Information throughout and click here for [Full Prescribing Information and Medication Guide](#).

  
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## How common is ADHD in the United States?

ADHD and its symptoms affect millions of people in the United States. If you're one of them, you're not alone.



**~1 in 10 children** aged 3 to 17 years **have ADHD**

**~90%** of children with ADHD experience symptoms into young adulthood

**41% to 55%** of families with at least **1 child** with ADHD also have at least **1 parent with ADHD**

Many people may struggle with ADHD symptoms at different times of the day, whether or not they're on treatment.

ADHD can impact you more than you realize. It's important for you and your doctor to discuss ADHD symptoms and treatment options. This will help you or your child understand and control ADHD symptoms.

### IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS is a federally controlled substance (CII) because it contains dexamethylphenidate that can be a target for people who abuse prescription medicines or street drugs.

#### Who should not take AZSTARYS?

Do not take AZSTARYS if you or your child are:

- allergic to serdexmethylphenidate, methylphenidate, or any of the ingredients in AZSTARYS.
- taking or have stopped taking within the past 14 days a medicine used to treat depression called a monoamine oxidase inhibitor (MAOI).

You may have questions about ADHD and its symptoms. This guide is meant to help you better understand ADHD and have informed discussions with your or your child's doctor about whether it is time to start or reevaluate treatment.

Answer these questions about your or your child's experience with ADHD.

Are you taking medicine for ADHD?

- Yes  
 No

If yes, what medicine?

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**1** On a typical day, which of these symptoms do you experience? (Select all that apply.)

#### Inattention

- |  |  |
|--|--|
| <input type="checkbox"/> Easily distracted               | <input type="checkbox"/> Forgetful           |
| <input type="checkbox"/> Often miss details              | <input type="checkbox"/> Lose track of time  |
| <input type="checkbox"/> Difficulty following directions | <input type="checkbox"/> Lose everyday items |
| <input type="checkbox"/> Trouble staying focused         |  |

#### Hyperactivity and impulsiveness

- |   |  |
|---|--|
| <input type="checkbox"/> Fidget often             | <input type="checkbox"/> Can't stay seated or constantly "on the go" |
| <input type="checkbox"/> Difficulty staying quiet | <input type="checkbox"/> Impatience or difficulty waiting your turn  |
| <input type="checkbox"/> Talk excessively         | <input type="checkbox"/> Restlessness                                |
| <input type="checkbox"/> Interrupt others         | <input type="checkbox"/> Struggle with bedtime routine               |

**2** When do you experience these symptoms? (Select all that apply.)

- |   |                                     |
|---|-------------------------------------|
| <input type="checkbox"/> Morning                      | <input type="checkbox"/> Dinnertime |
| <input type="checkbox"/> During school or at work     | <input type="checkbox"/> Bedtime    |
| <input type="checkbox"/> After-school/work activities |                                     |

### IMPORTANT SAFETY INFORMATION (continued)

#### AZSTARYS may cause serious side effects, including:

- **Risks for people with serious cardiac disease.** Sudden death has happened in people who have heart defects or other serious heart disease. Your HCP should check you or your child carefully for heart problems before starting treatment with AZSTARYS. Tell your HCP if you or your child have any heart problems, heart disease, or heart defects. **Call your HCP or go to the nearest hospital emergency room right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting during treatment with AZSTARYS.**
- **Increased blood pressure and heart rate.** Your HCP should check you or your child's blood pressure and heart rate regularly during treatment with AZSTARYS.

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### 3 How do these affect your daily life? (Select all that apply.)

#### Home

- Trouble getting ready for school or work
- Often running late in the morning
- Difficulty keeping up with household chores
- Trouble falling asleep
- Other \_\_\_\_\_

#### School

- Get notes sent home from teachers
- Get poor grades
- Forget to turn in assignments
- Struggle to complete tests and assignments
- Trouble listening to authority figures
- Disruptive and/or impulsive
- Other \_\_\_\_\_

#### Social settings

- Trouble getting along with friends
- Trouble following directions
- Lose interest in activities
- Disruptive/impulsive behavior
- Other \_\_\_\_\_

### 4 What do you want from an ADHD treatment? (Select all that apply.)

- Starts working quickly in the morning
- Wears off gradually in the evening
- Controls ADHD symptoms throughout the day
- Has manageable side effects
- Is taken once daily
- Other \_\_\_\_\_

**Use this guide and share it with your doctor** to start a conversation about your or your child's ADHD symptoms and if switching to **AZSTARYS®** might be an appropriate option.

This guide is not meant to diagnose ADHD. This guide does not include all of the symptoms of ADHD. Talk with a doctor about your or your child's ADHD symptoms.

#### IMPORTANT SAFETY INFORMATION (continued)

##### **AZSTARYS may cause serious side effects, including:** (continued)

- **Mental (psychiatric) problems, including:** new or worse behavior and thought problems, new or worse bipolar illness, new psychotic symptoms (such as hearing voices, or seeing or believing things that are not real), or new manic symptoms. Tell your HCP about any mental problems you or your child have, or about a family history of suicide, bipolar illness, or depression. **Call your HCP right away if you or your child have any new or worsening mental symptoms or problems during treatment with AZSTARYS, especially hearing voices, seeing or believing things that are not real, or new manic symptoms.**
- **Painful and prolonged erections (priapism).** Priapism has happened in males who take products that contain methylphenidate. If you or your child develop priapism, get medical help right away.

## AZSTARYS is designed to help in 3 ways, from morning to evening



Not actual size.

**1 Starts working quickly to help in the morning**

**2 Helps control ADHD symptoms throughout the day**

**3 Wears off gradually in the evening**

#### IMPORTANT SAFETY INFORMATION (continued)

##### **AZSTARYS may cause serious side effects, including:** (continued)

- **Circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon).** Tell your HCP if you or your child have numbness, pain, skin color change, or sensitivity to temperature in the fingers or toes. Call your HCP right away if you or your child have any signs of unexplained wounds appearing on fingers or toes during treatment with AZSTARYS.
- **Slowing of growth (height and weight) in children.** Children should have their height and weight checked often during treatment with AZSTARYS. AZSTARYS treatment may be stopped if your child is not growing or gaining weight.
- **Eye problems (increased pressure in the eye and glaucoma).** Tell your HCP if you or your child have eye problems, including increased pressure in your eye, glaucoma, or problems with your close-up vision (farsightedness). Call your HCP right away if you or your child develop changes in your vision, eye pain, swelling, or redness.

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## Ask about AZSTARYS®

If a doctor suggests **AZSTARYS** for you or your child, these questions can help you start a discussion about it.

**1** How can **AZSTARYS** help with ADHD symptom control?

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**2** How is **AZSTARYS** different from my or my child's ADHD treatment?

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**3** What are the common side effects of **AZSTARYS**?

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**4** How should **AZSTARYS** be taken?

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**5** How will I know if **AZSTARYS** is working?

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**6** Does **AZSTARYS** have a copay support program?

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### IMPORTANT SAFETY INFORMATION (continued)

#### AZSTARYS may cause serious side effects, including: (continued)

- **New or worsening tics or worsening Tourette's syndrome.** Tell your HCP if you or your child get any new or worsening tics or worsening Tourette's syndrome during treatment with AZSTARYS.

**Before taking AZSTARYS, tell your HCP about all medical conditions including if you or your child are pregnant or plan to become pregnant, because it is not known if AZSTARYS will harm the unborn baby, or are breastfeeding or plan to breastfeed, as AZSTARYS passes into breast milk.**

**Tell your HCP about all the medicines you or your child take, especially if you or your child take blood pressure medicines (anti-hypertensive). Do not start any new medicine during treatment with AZSTARYS without talking to your HCP first.**

#### What are the most common side effects of AZSTARYS?

The most common side effects of AZSTARYS include:

- |                      |                            |                        |
|----------------------|----------------------------|------------------------|
| • decreased appetite | • mood swings              | • stomach pain         |
| • nausea             | • increased blood pressure | • anxiety              |
| • indigestion        | • trouble sleeping         | • irritability         |
| • weight loss        | • vomiting                 | • increased heart rate |
| • dizziness          |                            |                        |

These are not all the possible side effects of AZSTARYS. Call your HCP for medical advice about side effects.

### Is it time to talk about ADHD treatment options?

Talk with your doctor to see if **AZSTARYS** is right for you or your child.

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**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**



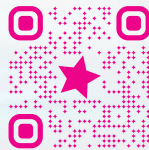
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Actor portrayals.

AZSTARYS® is available at your local pharmacy

Ask your doctor if  
AZSTARYS is right  
for you or your child



Copay savings and support are available for eligible patients.\*

Visit [AZSTARYS.com](https://www.AZSTARYS.com) or call **1-800-910-8432** to learn about copay assistance.

Scan the QR code using your phone's camera to see savings information.

\*Eligibility required. See Terms and Conditions at [AZSTARYS.com](https://www.AZSTARYS.com).

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